



Quintessentials

FROM A TWO FINGER RESUMÉ WITH CNAW TO LONG-TERM WORK!

Marlles Gamble and CNAW

Quint's Core Neighbourhoods at work recognized Marlles Gamble's great achievements at this year's Annual General Meeting.

Marlles' tenacity and positive attitude helped her achieve both her goals of finding work and education.

We know these attributes will continue to serve you well into the future. You have been an absolute pleasure to work with, and though we miss seeing you in the resource room, we are thrilled about your successes!

Core Neighbourhoods at Work

Quint's Core Neighbourhoods at Work (CNAW) program focuses on Saskatoon's five core neighbourhoods and addresses the needs of a growing number of adults and youth looking to further their education and work experience.



Marlles (left) with CNAW Employment Coordinator Katy

We first met Marlles in November when she came to CNAW with an old paper copy of a resumé that she was determined to type up herself. She hadn't worked for over four years and wanted to find a job where she could support herself and a growing family.

Marlles sat for nearly three hours at one of our laptops and completed a detailed resumé — mainly using her two pointer fingers. When she was done, we helped her format the resumé. That same day, Marlles signed up for CNAW's two-week Moving Forward Workshop on job searching and interview skills. She was a dedicated participant who attended every session, took thorough notes, and sometimes stayed after to job-search.

Marlles perseverance clearly paid off because within two weeks of finishing CNAW's Workshop she had landed a job at the Thrift Lodge as a housekeeper. She excelled there, was quickly given extra training in the laundry room, and was then promoted to assistant head housekeeper after only a month and a half.

Constantly looking for ways to further herself, Marlles left the Thrift Lodge to enrol in SIAST's Adult Basic Education classes. A month into the class, an opportunity to work with Maple Leaf Foods came up. After careful consideration Marlles made the decision to return to the workforce. Work and family balance is extremely important to her and she has not regretted her decision. Marlles recently passed her six-month anniversary at Maple Leaf Foods and is really enjoying her work!