

## **Fantastic Mom and Daughter Successes Through CNAW**

## Shirley, Charlotte, and CNAW

Every now and again, CNAW assists participants from the same family. Quint and CNAW are proud to recognize two hardworking women, each on the path to success – 'Shirley' and 'Charlotte'\*.

CNAW congratulates this hardworking and determined mother and daughter.

Shirley's and Charlotte's special achievements were also recognized at this year's Annual General Meeting.

\* Not their real names.

## Core Neighbourhoods at Work

Quint's Core Neighbourhoods at Work (CNAW) program focuses on Saskatoon's five core neighbourhoods and addresses the needs of a growing number of adults and youth looking to further their education and work experience. Shirley was determined to find a cooking position that would allow her to support herself and her family. She was looking for work and secure housing as she had experienced a temporary setback and had been staying with her family at a crisis shelter.

Shirley began accessing CNAW's services in May 2013. Within a month of intense job searching, interviews and updating her food-safe certificate with CNAW, she was offered a position as an assistant cook — and she has been working there ever since! To continue with her advancement, Shirley is now working towards achieving her Red Seal Certification.

And not only did Shirley find sustainable employment, she has recently secured a rental house from Quint's affordable housing program.

On top of this, Shirley takes time out of her busy schedule to volunteer at various organizations such as the Friendship Inn and last summer at the Box Car Café here at Station 20 West.

Charlotte, Shirley's oldest daughter, began accessing CNAW's services at the same time as her mom. She had come in to get assistance with her resumé and job search.

Charlotte got a position almost immediately but it wasn't enough of a challenge for her so she returned to CNAW in July to look for a second job in the food service industry.

CHEP Good Food just happened to be looking for a dishwasher at the Boxcar Café at Station 20 West and Charlotte started working there in August of 2013. Chances are, if you've ordered anything from the Boxcar café, she either took your payment or made your order. At only 18 years old, Charlotte plans to complete her grade twelve and enrol in a post-secondary cooking program — no doubt encouraged by her mother's wonderful examples.

